1. Adequately restrain animal.
2. Apply tourniquet proximal to carpus/tarsus. Allow a few minutes for vein to engorge
3. Clean and shave the area to be injected
4. Insert a butterfly catheter into the vein, and then inject 5-10 ccs of lidocaine with syringe.
5. Exsanguination is sometimes done at this step before injection of anaesthetic.
6. Remove needle, apply pressure immediately and massage to prevent haematoma
7. Wait 10 - 15 minutes for drug to take effect
8. Leave tourniquet in place for maximum 90 minutes to maintain effect of anaesthesia