UNIVERSITY OF WEST GEORGIA SCHOOL OF NURSING

MSN PROGRAM - FALL 2012

NURS 6401 – Health Promotion & Advanced Health Assessment COURSE NUMBER

CREDIT 2-3-3

PRE-REQUISITES Graduate standing

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Assistant Professor

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Office Hours: Posted on WebCT Vista/ Course Den

MEETING PLACE Place: Online

Class Times: Asynchronous & TIMES

OFFICIAL COMMUNICATION All communications should occur through the Course Den course. Any communication outside of the course requires that all electronic communications be done through my UWG e-mail accounts. Please do not use your personal e-mail services.

COURSE DESCRIPTION This course is designed to prepare the nurse with advanced health assessment and health promotion skills and knowledge focusing on various physiologic systems across the life span and within special populations.

LEARNING GOALS

- 1. Utilize theoretical models, information systems, and technology to effectively perform or oversee an age-appropriate comprehensive and episodic health history and physical exam and to assess health promotion needs. (1)
- 2. Critically analyze physical assessment elements as a basis for developing and implementing a plan of care. (5, 6)
- 3. Utilize critical thinking to synthesize data to formulate nursing diagnosis and prioritize a plan of care. (5)

- 4. Assimilate and critically appraise evidence-based information related to patient assessment to evaluate and achieve optimal nursing outcomes. (2, 4)
- 5. Develop and implement practice, management, and teaching strategies for health promotion across the lifespan. (6)
- 6. Demonstrate the ability to address health promotion needs of clients in a manner that reflects caring, a holistic view of self and others and respect for diverse cultures. (3, 9, 10)
- **7.** Demonstrate the ability to effectively communicate (oral and written) physical assessment findings. (7)
 - * Numbers in parentheses refer to MSN program objectives

COMMUNICATION

Communication is an important part of nursing. This course is supported by Course Den. Computer literacy and internet access is required in order to meet the objectives of the course. All students should obtain their Windows 7, Office 2010 for Windows and Office 2011 for Mac 32-bit/64bit cds are available in SITS upgrade from the University before beginning this course. All communication about coursework will occur online through Course Den. Effective written and verbal communication, using formal English and professional medical terminology is required in order to meet the objectives of the course. It will be necessary for students to access the UWG SON Grapevine on Course Den as well as the NURS 6401 Course Den website **daily** for important postings. All paperwork, assignments, and evaluations will be submitted electronically.

COURSE **CONTENT**

- Interviewing and the Health History
- Clinical reasoning, assessment and plan
- **Documentation**

History, Physical Exam, Laboratory Values/Procedures, Health Promotion, Screening/Risk Assessment of the following (as appropriate):

- The Skin
- **HEENT & Neck**
- Cardiovascular & Peripheral Vascular System
- Thorax & Lungs
- The Abdomen
- Musculoskeletal System
- Nervous & Psych System
- **Evaluation of Mental Status**
- Male/Female Genitalia & Hernias
- The Anus, Rectum, & Prostate

- Assessing Genetic Health and Risk
- **Health Promotion**
 - Risk Assessment Across the Lifespan
 - Health Literacy
 - Health Education and Counseling
- Special Health Promotion/Assessment topics (as determined by students' areas of expertise)

REQUIRED TEXTBOOK

Bickley, L.S., Szilagyi, P.G. (2009). Bates' Guide to Physical Examination and History Taking, (10th ed.). Philadelphia, PA: Lippincott.

ISBN: 978-0-7817-8058-2

This course will be delivered approximately 80% online. This requires the online equivalent of 2100 minutes of instruction (seat-time) and an additional 4200 minutes of supporting activities.

LEARNING ACTIVITIES

- Viewing Instructional Videos
- Reference Reading
- Accessing and Utilizing WebCT VISTA (Course Den)
- Practicing and Logging Physical Assessments
- Participating in Weekly Asynchronous Online Discussion of Case Studies
- Creating an Online Specialty Assessment Tutorial
- Creating an Specialty-Specific Exam
- Creating, Demonstrating, and Submitting Video Head-to-Toe **Physical Assessment Examinations**

METHODS OF EVALUATION

- Assessment Log –10%
- Weekly Case Study/ Specialty Assessment Discussion 25%
- Online Specialty Assessment Tutorial and Created Test 25%
- Video Physical Assessment 40 %

GRADING SCALE

A = 90 - 100

B = 80 - 89

C = 75 - 79

D = 60 - 74

F = < 60

The grade of 'incomplete' is reserved by the University for failure to complete the course due to circumstances beyond the student's control. In most cases it is reserved for a major illness or family crisis. An 'incomplete' can not be given for forgetting a deadline or simply failing to do the required work.

Course Den

All course content, handouts, and learning activities are on the course website. Students should check the course calendar, mailbox, and bulletin board **DAILY** for vital course information and submit online assignments and responses to discussion board questions by the posted due date. Students may post to the bulletin board any class-related information, websites or words/tips of the day that may be helpful for other students.

Content and communication will be provided online; Face-to-face will include laboratory/skills practice. Practice can also take place at other times on your own. For the final physical examination, each student will be required to perform a physical assessment on a willing person or another student.

The course may be accessed using a student number and password for banner on the Course Den login page. Students who are unfamiliar with using Course Den should complete the tutorial offered online at the course homepage. This course may be accessed from any campus computer lab or from any computer with the technology specifications that support Course Den (see login page for specifications or tech support).

Course Den Procedures

This document applies to any student who accesses the course web site located at https://westga8.view.usg.edu/. Access to this Course is a Privilege, Not A Right. Access to university computers and/or software is a privilege and requires that individual users act responsibly, including the conservation of computer resources, data, and consideration of other users.

• "Computer resources" include hardware, software, and communications networks.

- "Data" includes all files or database records, regardless of size or storage media, including e-mail, chat, bulletin board, personal homepages, group homepages, calendars, course rosters, course grades, or system logs.
- "Consideration of other users" means your communications should reflect high ethical standards, mutual respect and civility. Note that the College's code of conduct applies online as well as the Class.

Students are Responsible for Obtaining Equipment and Access

- In order to access this course, you must obtain access to a computer with a connection to the World Wide Web. Though the university offers many computers for student use, it is your responsibility to secure access to a computer and a web connection.
- Students are expected to refrain from giving false or misleading information when applying for any computer account. Students are expected to refrain from using someone else's computer account or let anyone use your account. Students are responsible for maintaining the confidentiality of the password and account, and are fully responsible for all activities that occur under your password or account.
- Students are expected to close the internet browser at the end of each session of the online course. If you don't someone else could use your account, and you'll be liable for any loss or damage that arises.
- Students agree to immediately notify the instructor of any unauthorized use of your account or any other breach of security.

Privacy

- As with all use of the university's computer systems, users should be aware that computer use may be subject to review or disclosure in accordance with local, state, and federal laws; administrative review of computer use for security purposes or in regard to a policy or legal compliance concern; computer system maintenance; audits and as otherwise required to protect the reasonable interests of the university and other users of the computer system.
- Anyone using the university's computer systems expressly consents to monitoring on the part of the university for these
- If such monitoring reveals possible evidence of criminal activity, university administration may provide that evidence to law enforcement officials.
- The university is unable to guarantee the protection of electronic files, data or e-mails from unauthorized or inappropriate access (i.e., hackers).

Other Rules and Laws Apply

In addition to the policies in this statement, other policies and laws may apply, including:

- University policies regarding computer use (including any procedures which govern computer usage at a particular facility on campus).
- University policies on student conduct (e.g., harassment, plagiarism, and unethical conduct).
- All existing federal, state, and local laws, including not only those laws and regulations that are specific to computers and networks, but also those that may apply generally to personal conduct.
- In short, don't break the law. The same kinds of behaviors that are illegal off the Internet (e.g., discrimination, slander, copyright violations) are illegal on the Internet, too, including:
 - discrimination on the basis of race, ethnicity, gender, age, appearance or religious persuasion.
 - o illegal use of copyrighted software or other copyright infringement,
 - o obscenity,
 - o libel and/or slander
 - o stalking, threatening, or harassment
 - o attempts to "hack" into the computer system
 - o purposefully uploading computer viruses to the system
- Don't help other people do any of these things, either.

What Will Happen If You Violate These Rules

- The University reserves the right at any time to limit, restrict or deny access to its computer resources, as well as to take disciplinary and/or legal action against anyone in violation of these policies and/or laws.
- Infractions may result in the implementation of the university's disciplinary process.

(Adapted from "Sample Student Handout on Etiquette" by Dr. Robert Bramucci)

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Academic Honesty:

The Academic Dishonesty Policy and Honor Code of this course is the same as that of the University of West Georgia. The School of Nursing is committed to promoting a learning environment that recognizes the importance of honesty, integrity, and high ethical standards in education and the professional practice of nursing. Evidence of student cheating, fabrication, or plagiarism will result in failure in this course.

What Is Academic Dishonesty?

As you know, we value academic integrity very highly and do not permit any forms of dishonesty or deception that unfairly, improperly or illegally enhance a grade on an individual assignment or a course grade. The following is a list of behaviors that constitute academic dishonesty. We are aware, however, that new forms of cheating, plagiarism and other forms of dishonesty may arise and therefore, we expect every student to interpret the requirement of academic honesty and integrity broadly and in good faith. If you have any doubt as to whether a particular act constitutes academic dishonesty, ask a teacher before you do it!

Academic dishonesty includes, but is not limited to:

- 1. Cheating on Exams
- 2. Copying from others.
- 3. Having or using notes, formulas, or other information in a programmable calculator or other electronic device without explicit teacher review and permission.
- 4. Having or using a communication device such as a cell phone, pager, PDA or electronic translator to send or obtain unauthorized information.
- 5. Taking an exam for another student, or permitting someone else to take a test for you.
- 6. Asking another to give you improper assistance, including offering money or other benefits.
- 7. Asking for or accepting money or any other benefit in return for giving another improper assistance.
- 8. Providing or receiving information about all or part of an exam, including answers (e.g., telling someone in a subsequent period what was on your exam, or being told this information).
- 9. Having or using a "cheat sheet" (a piece of paper with answers, formulas, information, or notes of any kind) that is not

- specifically authorized by the teacher.
- 10. Altering a graded exam and resubmitting it for a better grade.
- 11. Working together on a take-home exam, unless specifically authorized by the teacher.
- 12. Gaining or providing unauthorized access to examination materials.

Plagiarism in Papers and Assignments might be defined as, but is not limited to:

- 1. Giving or getting improper assistance on an assignment meant to be individual work. (When in doubt, ask.)
- 2. Including in any assignment turned in for credit any materials not based on your own research and writing. This includes:
 - a. Using the services of a commercial term paper company.
 - b. Using the services of another student.
- c. Copying part or all of another person's paper and submitting it as your own for an assignment.
- Acting as a provider of paper(s) for a student or students.
- Submitting substantial portions of the same academic work for credit in more than one course without consulting both teachers (selfplagiarism).
- Failing to use quotation marks and/or citations where appropriate.
- Failing to properly acknowledge paraphrased materials via textual attribution, footnotes, endnotes and/or a bibliography.
- 7. Making up data for an experiment ("fudging data").
- Citing nonexistent sources (articles, books, etc.).

Other actions deemed inappropriate:

- Misrepresenting your academic accomplishments, such as by tampering with computer records.
- Deceiving a teacher or making up a false reason or excuse to get special consideration on an exam or an extension for an exam or paper.
- Failing to promptly stop work on an exam when the time allocated has elapsed.
- Forging a signature.
- 5. Hoarding or damaging library materials.

Note: Attempted academic dishonesty, even if unsuccessful, will be treated as academic dishonesty.

Students are responsible for their own learning and must accept **Attendance:**

individual accountability for behavior.

Disabled Students: The Student Development Center coordinates special services for

> disabled students including physical disabilities or learning disorders. Students must register with Disabled Student Services to receive certain accommodations including extended test time or individual testing. For

further information, call 678.839.6428.

8/14/2012